



The Valley High Recreation Department Presents the Third Annual

Student Sailing Trip



Where? South Bay Dock, Below 7th Street Bridge

When? Sunday June 18th, 2:30 PM (don't be late!)

Cost? \$35 per person (cash only - no checks)

What to bring? deck shoes & windbreaker

Get to know your environment by spending a day on the Bay!

Learning About Your Boat

Sailboat design has changed only slightly from ancient times to the 1800s. If a sailor from the 19th century could travel back in time to an ancient Roman ship, for example, he would recognize enough of the rigging and gear to pitch in and pass as part of the crew. With the number of people sailing for pleasure burgeoning, boat designers changed their focus from building on tradition to developing better designs, methods, and materials. Even so, the early pleasure boats remained heavy because the primary construction material still was teak and other wood. Only in the last 50 years have modern materials produced lighter boats that require less maintenance. That means more time spent sailing, which has increased the sport's appeal to both leisure sailors and racers.

Today, sailboats are fast and sleek, built primarily of fiberglass, polyethylene, aluminum alloy, polyurethane, and other durable, yet lightweight materials. Contradictory though it seems, a few sailboats are made of concrete.